

Create a professional lifting plan in 10 steps

Carrying out lifting operations safely starts with drawing up a lifting plan. A lifting plan is a collection of data that includes all conditions and steps to correctly carry out the lifting operation and thus guarantee the safety of employees.

Lifting is an activity that always involves major risks. Planning lifting activities, and therefore having a lifting plan, is a legal requirement (Article 7.18a, paragraph 8 of the Working Conditions Decree).

The manner in which a lifting plan must be drawn up and which components a lifting plan must consist of is not laid down in legislation.

Lifting activities can be carried out with a wide range of lifting equipment, are never the same, can be simple and repetitive in nature, but also extremely complex and one-off.

The legislator however makes no distinction and makes a lifting plan mandatory in all cases.

In this training, participants learn to easily create a professional lifting plan based on a method that can always be used for any type of lifting work.

Target audience

The training is important for anyone who, in their daily work, has to carry out lifting operations or have it carried out.

To be more specific, think of: lifting supervisors, project managers, work planners, production managers, company managers, prevention employees, logistics coordinators, planners, HSE coordinators, HSE employees, incident investigators, job owners, maintenance managers, etc.

Content and program

The training is structured and very interactive. An expert in hoisting and lifting continuously discusses practical examples and teaches you how to arrive at a professional lifting plan in 10 steps.

The following topics, among others, are discussed in detail:

✓ Rules and regulations	✓ 10 questions for a Safe Lift
✓ Safety standards, guidelines and rules	✓ Extensive lifting plan vs. a sketch
✓ Task Risk Analysis and checklists	✓ People and their expertise
✓ What do you need to know about the load	✓ Environmental factors – outside influences
✓ Requirements for lifting equipment	✓ Communication

Your own topic and questions can be discussed, provided you request it well in advance!

Training material provided and Proof of participation

At the end of the day you will receive a large amount of useful information and reference material:

- Syllabus containing all training material and contents of the training
- Examples of procedures as used within various industry organizations
- Flowchart to categorize lifting operations and determine control measures
- Various checklists and an editable Task Risk Analysis for lifting operations
- A certificate as proof of participation

This training shall be refreshed every 5 years. Also, the Personal Safety Logbook will be stamped.

Course dates in 2026

- Every first Monday of the month
- Every 3rd or 4th Wednesday of the month
- A date to be arranged with you

Timing of the course

Reception of the participants from 8 am. Training starts promptly at 8.30 am and lasts up to approx. 16.30.

Costs

Costs involved are € 575,- excluding VAT per person.

For an in-company training with a maximum of 10 delegates costs are € 4.850,- excluding VAT.

The training goes on for a minimum number of 6 delegates (maximum number is 10 persons).

Venue

The training takes place in the training centre of Cranes for You in Houten, at your location or in an accommodation to be provided.

Desired date of participation:

0	January 5 th 2026	0	January 21 st 2026	0	February 2 nd 2026
0	February 18 th 2026	0	March 2 nd 2026	0	March 18 th 2026
0	March 30 th 2026	0	April 22 nd 2026	0	May 11 th 2026
0	May 20 th 2026	0	June 1 st 2026	0	June 17 th 2026
0	July 6 th 2026	0	July 22 nd 2026	0	August 3 rd 2026
0	August 19 th 2026	0	August 31 st 2026	0	September 16 th 2026
0	October 5 th 2026	0	October 21 st 2026	0	November 2 nd 2026
0	November 18 th 2026	0	November 30 th 2026	0	December 16 th 2026

Invoicing address and information of employing company

Company name : e-mail :
Street + number : ZIP code/city :
Telephone number : fax :
Contact person : title :
Date : signature :

Participant

Given Name : For letters : 0 male
Surname : 0 female
Date of Birth : e-mail :

Send this registration to the following address, or mail to Peter.Verhoef@cranesforyou.com

Cancellation may take place only in writing:

- Up to 2 weeks before we will charge you an administration fee of € 100,- when moving or at cancellation.
- From 2 weeks before you are due 50% of the course fees upon transfer or at cancellation.
- On signing you automatically agree to the terms and conditions of Cranes for You, which are deposited at the Chamber of Commerce in Utrecht and can be downloaded from our website.

More information or customization:

You can also opt for a tailor-made training. In this case you decide, to a large extent what topics and practice cases will be discussed. Together with you we determine the program and the cost. Also in this case, a minimum of 6 and a maximum of 10 participants.