

## Training in rules and regulations for lifting and hoisting

According to the European directive 2009/104/EC, in the Netherlands retrieved in the working conditions Decree (Arbobesluit) article 7.18 member 9, lifting and hoisting operations shall be carried out under proper supervision. Virtually any company that regularly has to deal with lifting and hoisting is familiar with procedures that must be followed. In compliance with the working conditions Decree someone who is responsible for the lifting and hoisting operations shall be appointed: the "Appointed Person". Within the international Oil & Gas industry also called "Person In Charge".

According to the same working conditions Decree, article 7.18 paragraph 8 it is a legal requirement that all actions for the lifting and hoisting shall be properly planned and carried out in such a way as to protect the safety of workers.

To be able to comply with these legal obligations, it is important that the "Appointed Person" has sufficient knowledge in the field of planning, management measures for safe execution, people, resources and circumstances.

Cranes for You organises courses that meet this required knowledge.

### Target audience

The training is important for anyone who needs or should have knowledge about the specific rules and regulations related to lifting and hoisting due to his daily job activities.

To be more specific, think of: logistics coordinators, planners, lifting supervisors, work preparators, project managers, business leaders, prevention and HSE staff and coordinators, buyers of lifting and hoisting equipment, incidents investigators, constructors of work equipment, job owners, maintenance managers etc.

### Content and program

The training has a structured set-up, where using a variety of very recognizable practice cases proceeds to the next learning objectives:

- Structure of the Dutch rules and regulation in relation to EU legislation
- Planning and supervision of vertical transport in compliance with the legal provisions
- Lifting – and hoisting equipment: legislation upon purchase, use and during maintenance
- Competence requirements of employees
- Working conditions Decree (Arbobesluit): work equipment and specific work.

In consultation, and if requested well in advance, your practice case can be evaluated.

### Training material provided and Proof of participation

- Syllabus containing all training material and contents of the training
- 20 video's having the goal: "learning from incidents"
- The full text of Dutch HSE legislation – the so called "Arbo Kwartet"
- Lifting and hoisting best practices from several branch organisations to serve as guidelines
- The European Machinery Directive in two languages and all European Directives being discussed
- The certificate "Person In Charge", rules and regulations for hoisting and lifting.

This training shall be refreshed every 5 years. Also, the Personal Safety Logbook will be stamped.

### Course dates in 2026

- Every first Monday of the month
- Every 3<sup>rd</sup> or 4<sup>th</sup> Wednesday of the month
- A date to be arranged with you

### Timing of the course

Reception of the participants from 8 am. Training starts promptly at 8.30 am and lasts up to approx. 16.30.

## Costs

Costs involved are € 550,- excluding VAT per person.

For an in-company training with a maximum of 10 delegates costs are € 4.700,- excluding VAT.  
The training goes on for a minimum number of 6 delegates (maximum number is 10 persons).

## Venue

The training takes place in the training hall of cranes for you in Houten, at your location or in an accommodation to be provided.

### Desired date of participation:

0	January 5 <sup>th</sup> 2026	0	January 21 <sup>st</sup> 2026	0	February 2 <sup>nd</sup> 2026
0	February 18 <sup>th</sup> 2026	0	March 2 <sup>nd</sup> 2026	0	March 18 <sup>th</sup> 2026
0	March 30 <sup>th</sup> 2026	0	April 22 <sup>nd</sup> 2026	0	May 11 <sup>th</sup> 2026
0	May 20 <sup>th</sup> 2026	0	June 1 <sup>st</sup> 2026	0	June 17 <sup>th</sup> 2026
0	July 6 <sup>th</sup> 2026	0	July 22 <sup>nd</sup> 2026	0	August 3 <sup>rd</sup> 2026
0	August 19 <sup>th</sup> 2026	0	August 31 <sup>st</sup> 2026	0	September 16 <sup>th</sup> 2026
0	October 5 <sup>th</sup> 2026	0	October 21 <sup>st</sup> 2026	0	November 2 <sup>nd</sup> 2026
0	November 18 <sup>th</sup> 2026	0	November 30 <sup>th</sup> 2026	0	December 16 <sup>th</sup> 2026

### Invoicing address and information of employing company

Company name : ..... e-mail : .....  
Street + number : ..... ZIP code/city : .....  
Telephone number : ..... fax : .....  
Contact person : ..... title : .....  
Date : ..... signature : .....

### Participant

Given Name : ..... For letters : ..... 0 male  
Surname : ..... 0 female  
Date of Birth : ..... e-mail : .....

Send this registration to the following address, or mail to:

[Peter.Verhoef@cranesforyou.com](mailto:Peter.Verhoef@cranesforyou.com)

*Cancellation may take place only in writing:*

- Up to 2 weeks before we will charge you an administration fee of € 100,- when moving or at cancellation.
- From 2 weeks before you are due 50% of the course fees upon transfer or at cancellation.
- On signing you automatically agree to the terms and conditions of Cranes for You, which are deposited at the Chamber of Commerce in Utrecht and can be downloaded from our website.

### More information or customization:

You can also opt for a tailor-made training. In this case you decide, to a large extent what topics and practice cases will be discussed. Together with you we determine the program and the cost. Also in this case, a minimum of 6 and a maximum of 10 participants.